

Luncheon Technical Seminar

Wisdom of Japanese Acupuncture and Moxibustion

—Elaboration and Development—

Renpu Fujimoto

Shinpu Fujimoto

General Incorporated Association Hokushinkai

Acupuncture and moxibustion were introduced from China to Japan about 1500 years ago. Through repeated importation of and modeling after the Chinese techniques, acupuncture and moxibustion underwent refinement and growth in Japan and continued with creativity and progression, thus becoming a medical culture unique to Japan. In various periods and districts, diagnostic methods and acupuncture types and techniques unique to Japan and tailored to the inner and outer environments for people were developed.

To date, the following diagnostic methods and acupuncture techniques have been developed to enable appropriate management of intractable diseases and to allow acupuncture attain its logical and universal status as a specialty of medicine.

I Utilization of multi-faceted observation and special medical records: Detailed interview, tongue diagnosis, pulse diagnosis of the stomach qi, and spatial diagnosis, etc., which are unique inspection and palpation.

II Determination of cause and mechanism of the disease, distinction of root and tip of the disease and judgment of favorable/unfavorable pattern/syndrome based on Step I.

III Acupuncture techniques applied without disturbing defense qi: Revival of ancient acupuncture needles and needle tapping, flexural needle insertion, and so on.

IV Realization of treatment with a small number of acupoints through Step II and III (advantageous due to marked enhancement of therapeutic efficacy and reduction of patient burdens).

V Creation of other various theories and acupoint arrangements based on clinical experience.

Among these, studies on steps III and V are expected to further advance.

I will introduce part of the wisdom of Japanese acupuncture and moxibustion in the current age within the time allocated to me.

【Profile: Renpu Fujimoto】

• Brief personal history ---

October 1943: Born as the eldest son to a family of acupuncture and

moxibustion/traditional Chinese medicine practitioners who have been in the field for more than 300 years (14th successor)

1965: Opened an independent clinic

1979: Founded an academic organization Hokushinkai

1998: Advisor/Councilor at the Japan Traditional Acupuncture and Moxibustion Society;
Member of the Japan Society for Oriental Medicine

1999: Special Lecturer at Morinomiya College of Medical Arts and Sciences and
Morinomiya University of Medical Sciences

2007: Concluded an academic exchange agreement with Guangzhou University of Chinese
Medicine and acted as a lecturer at the university

- Award: 18th Manaka Award received for “Zofukeirakugaku” (2004)
- Publications: *Benshaku Shindo Hiketsushu*; *Pulse Diagnosis of Stomach Qi*;
The Cosmos of Oriental Medicine; and many others
- Others (major fields, etc.): Intractable diseases
(as called in Western medicine)

Listed as the only acupuncture/moxibustion practitioner
in the “Strict Selection of 276 Excellent Doctors in
Japan for People, 2016”(Sakuranohana Shuppan)



【Profile: Shinpu Fujimoto】

- Brief personal history ---
 - 1970: Born as the second son of Renpu Fujimoto
 - 1994: Opened an independent clinic
 - 2013: Part-time lecturer at the Tokyo College of Medical Arts and Sciences
 - 2014: Vice Chairperson of Hokushinkai (General Incorporated Association) Elected the
15th successor of the Fujimoto family
- Publication ---
 - Acupuncture & Moxibustion Osaka (journal), Journal of Japan Traditional Acupuncture
Society, and others
- Others ---
 - Member of the Japan Traditional Acupuncture and Moxibustion Society; Member of the
Japan Society for Oriental Medicine

